



Are you ready for NORDP 2017? We're all set and looking forward to welcoming you to the Omni Interlocken! Here are a few important details that should help you prepare for your arrival in Denver.

Arrival:

Transportation from the airport: Taxis are readily available outside baggage claim. A taxi to the hotel is approximately \$90 one way, depending on traffic.

NORDP has made arrangements with Green Ride Boulder to provide a discounted fare (\$30 each way between the airport and the conference hotel) to conference attendees. To take advantage of this discounted fare, *you will need to book a reservation through the [NORDP Green Ride Boulder website](#) prior to your arrival.* While you can still book a reservation with Green Ride Boulder at the airport on the day of your arrival by calling (303) 997-0238, you can only get the discounted NORDP rate by booking in advance through the NORDP Green Ride Boulder website. **IMPORTANT: Be sure to get on the shuttle for Boulder!!** Green Ride also has a Colorado shuttle that goes to other locations along the Front Range, but not to Boulder or to Broomfield, the conference location.

Uber is also available, <https://www.uber.com/airports/den/> at approximately \$48-\$61 one-way. (Pricing may vary depending on the level of service selected and the demand at time of booking.)

Parking:

Complimentary self-parking is available at the Omni Interlocken. Valet parking is also available for \$10/day, with in/out privileges.

On-Site Registration

Please check in at registration in the Interlocken Ballroom foyer on the first floor (ground level) to pick up your badge and conference materials.

Registration Hours

Monday: 7:30 AM – 7:00 PM
Tuesday: 7:00 AM – 5:30 PM
Wednesday: 7:30 AM – 3:15 PM

Conference Program

At registration you'll receive the conference program book, which includes all presentation titles and abstracts along with the detailed, day-by-day conference schedule. To assist you with planning, the full conference program book is available online, as well. [View or download it here.](#)

NORDP Conference Mobile App!

Partnering with Guidebook, we have created a conference app for your convenience at NORDP 2017. Download the app to your smartphone or tablet today to create your schedule, sort sessions by presenters and topics, check out the sponsors, and much more.

Three easy ways to get the Conference App:



1. **Simply scan the QR code here. Follow directions on screen to download the app.**
2. Search “NORDP 2017” in your Google Play Store or Apple App Store.
3. Go to www.guidebook.com/getit and download the Guidebook app. Once downloaded, search NORDP 2017.

Stay Connected on Social Media

Do you Tweet? Follow NORDP on Twitter @NORDP_official, and connect with other conference attendees by tweeting with the hashtag **#NORDP2017**. A gift card prize will be awarded on Wednesday for the attendee who tweets the most using the hashtag! You can also sign up to be a Social Media Volunteer at the conference: <http://www.signupgenius.com/go/20F0D45ADA62AA0FB6-social>.

Wireless Internet will be available in all conference areas. Please check signs for network and password information.

Welcome Reception - 5:00 p.m. Monday

Please join us at the Pavilion at 5:00 on Wednesday evening to meet and greet other NORDP 2017 attendees! If you are a NORDP mentor or mentee, please look for the signs in the prefunction area near the conference breakout rooms for the Mentor/Mentee Meetup and meet your fellow members of the Mentoring Program there before proceeding to the Welcome Reception. The opening keynote address from Tim Orr will follow in the Interlocken Ballroom.

Morning Roundtables over Breakfast

During the continental breakfast on Tuesday morning, we will have some tables in the ballroom area designated with signs for discussion of specific topics that were suggested by the membership at large. Please check the app for further details.

Idea Showcase and Reception, Tuesday, 4:30 – 6:30 p.m.

We encourage you to attend this event: The Idea Showcase is a poster session designed for individuals or small teams to present their own approaches to problems and solutions in research development, to showcase best practices, or to introduce innovative ideas. Get a glass of wine, visit the posters and presenters, take in a sponsor demonstration and get your passport stamped for a chance to win a prize at lunch on Wednesday, and engage in some great conversation before heading off to dinner.

Optional Networking Dinners

Join other conference attendees for dinner at some great local establishments in the Broomfield-Boulder area on Monday and Tuesday evenings. Some dinners will also feature an informal discussion around a research development topic of interest. Each dinner guest pays his or her own way and groups are limited in size. **Registration is required.** Please visit the following links for full details and to sign up:

Monday, May 8: <http://www.signupgenius.com/go/20F0D45ADA62AA0FB6-monday1>

Tuesday, May 9: <http://www.signupgenius.com/go/20F0D45ADA62AA0FB6-tuesday2>

Session Scribes & Hosts

Volunteer to assist presenters during sessions, or to record a summary of sessions you attend that include key take-aways (NORDP provides a template and further instructions). Please visit the following links to sign up:

Tuesday, May 9: <http://www.signupgenius.com/go/20f0d45ada62aa0fb6-tuesday1>

Wednesday, May 10: <http://www.signupgenius.com/go/20f0d45ada62aa0fb6-wednesday>

Evaluation: Make the annual Research Development conferences better every year!

NORDP conference planners need your feedback! Each day during the conference, you will receive an e-mail asking you about that day's activities. To continue to provide you with the most valuable conference experience possible, the surveys will have questions about session content and format, as well as the venue and its services. We'll want to know if the sessions are relevant to you, and what your suggestions are for future meetings. If you complete your daily survey, you'll be entered into a drawing to win cool stuff.

Conference Attire

The attire for the conference is business casual. We want to give you an authentic mountain experience so we've ordered springtime weather just for you: It's always possible there may be light showers, with highs in the mid-60s. It will be cool at night, so be prepared and bring a light jacket. We suggest that you be prepared for air-conditioned meeting rooms and a bit of uncertainty when you're outdoors.

Coping with Altitude

The conference location is more than a mile above sea level! If this is your first time at altitude, here are a few tips to help adjust:

- **Stay hydrated.** You'll probably need to drink about twice as much water in Colorado as you would at home. The same goes for your skin: be sure to bring along a good moisturizer. You may also want to bring along a saline nasal spray or eyedrops.
- **The sun will shine.** Higher altitude = lower UV protection. Be sure to pack sunglasses, sunscreen, and lip balm.
- **Get your rest, and watch physical activity.** Going short on sleep, combined with the effects of altitude, can lead to headaches as well as drowsiness. And the effects of exercise are heightened here: if you normally run 10 miles at home, try 6 miles in Colorado at first.
- **Dress in layers.** In the spring and fall, warm days often give way to cool nights. And while it may feel warm when you're in the sun, if you step into the shade (or if the sun goes behind a cloud or drops behind the mountains before setting), it can get quite chilly. If you're planning to make a side trip into the mountains proper, note that temperatures drop by about 3°, on average, for each 1,000 feet you gain in altitude. It may be 75° at the hotel, but if you go up to Rocky Mountain National Park, for example, it could be in the 40s at 10,000 feet and above.
- **If you don't like the weather in Colorado, wait five minutes.** Weather conditions can change fairly rapidly in the foothills, and snow season can last until as late as Memorial Day. Check the Denver forecast a couple of days before you leave, and pack accordingly.

Morning Walks & Runs

Some fabulous conference volunteers are on point to lead you in a short walk or run each day. Groups will depart from the hotel lobby each morning at 6:00 or 6:15 am. Check out the morning walk/run sign-ups at <http://www.signupgenius.com/go/20F0D45ADA62AA0FB6-join> for specific trail routes and departure times. View the Omni Interlocken [trail map](#) here.

Thank you for registering and we look forward to seeing you in Colorado!

The NORDP 2017 Team